



ALPINE CLUB
OF CANADA
CLUB ALPIN
DU CANADA

GEAR LIST

POWDER CAMP



*The ACC will supply all group gear including ropes, first aid kit, emergency communication devices, emergency tarp etc.

PERSONAL GEAR

- Outer shell jacket (GoreTex preferred, or waterproof, breathable equivalent)
- Wind/waterproof shell pants (GoreTex and full side-zip preferred)
- Day pack (30-40L) or multi-day pack (50-60L) for hut-to-hut trips
- Sleeping bag (5°C to -10°C, depending on your comfort level)
- Ski goggles with low-light lenses
- Sunglasses - with dark lenses and good coverage (consider a second pair with low-light lenses for poor weather days)
- Sunscreen and lip protection with minimum SPF 30
- Water bottle(s) — 1-2 litre, wide mouth, plastic with tight lid (hydration systems tend to rupture and freeze, so make sure you have a water bottle as well)
- Small personal first aid kit — band-aids, moleskin, duct tape, medications, etc.
- Toiletry kit
- Headlamp — with spare batteries
- Toilet paper and hand sanitizer
- Lighter
- Sandwich box/container/bag for lunch
- Large pack or duffel bag (for helicopter accessed camps only)

SKI GEAR

- Backcountry skis (recommended minimum dimensions at ski waist is 95mm) or split board — freshly waxed!
- Ski or snowboard boots — previously worn-in and proven comfortable (we don't recommend rental boots)
- Backcountry (adjustable) ski poles
- Skins (full width, properly fitted to skis, and well glued)
- Avalanche transceiver/beacon (digital 3-antenna beacon that has been serviced within the last 5 years by the manufacturer). It is highly recommended that the beacon has a marking/suppression function.
- Snow shovel
- Avalanche probe
- Repair kit — extra binding parts and tools that are specific to your gear
- Ski straps
- Ski crampons
- Skin wax (Glop Stopper or a plain candle)
- Helmet

Gear list continues overleaf >

QUESTIONS? Contact us at 403-678-3200 ext. 213 or adventures@alpineclubofcanada.ca



ALPINE CLUB
OF CANADA
CLUB ALPIN
DU CANADA

GEAR LIST

POWDER CAMP



*The ACC will supply all group gear including ropes, first aid kit, emergency communication devices, emergency tarp etc.

OPTIONAL GEAR

- Ice screw
- Camera
- Journal and pencil
- Map and compass/altimeter/GPS
- Pocketknife
- Thermos with warm drink
- Earplugs
- Pillowcase and sheet
- Winter boots for around the hut
- Chemical hand and foot warmers
- Cash for tips (if desired)

SUGGESTED CLOTHING

- Long underwear top(s) (synthetic or merino wool)
- Light fleece (or other insulation layer) for cool days
- Wind shell (soft shell or synthetic jacket)
- Warm insulated jacket (down or synthetic)
- Long underwear bottoms (synthetic or merino wool)
- Soft shell pant(s)
- Ski socks (wool or synthetic) (2-3 pair)
- Tip: add a thin liner sock if you are prone to blisters
- Light gloves for the up track
- Warm ski gloves and/or mitts
- Toque (warm hat) or balaclava
- Sun hat with neck and ear protection
- Hut clothing including booties or shoes

GLACIER TRAVEL GEAR

- Lightweight harness
- 1 x 120cm sewn sling (light Dyneema preferred)
- 1 x Prusik cord (5 meters long; 6 mm diameter)
- 1 x Prusik cord (1.5 meters long; 6mm diameter)
- 2 x locking carabiner
- 2 x identical non-locking carabiners
- 1 x triple locking carabiner
- Light mountaineering axe (40-55 cm long)

RENT YOUR GEAR

GEAR UP!

gearupsport.com >

1302 Bow Valley Trail, Canmore, AB

403-678-1636 *10% OFF for ACC members!

WILSON SPORTS

wmsll.com >

Building A – Samson Mall

201 Village Road, Lake Louise, AB

888-547-2559 Email: info@wmsll.com

U OF CALGARY

activelivingportal.ucalgary.ca/rental >

University of Calgary

2500 University Drive NW

Calgary Alberta T2N 1N4