

Gear List: Ski Camps with Hut

**The ACC will supply all group gear including ropes, first aid kit, emergency communication devices, emergency tarp etc.*

Suggested Clothing

- Base layer top and bottoms (synthetic or merino wool)
- Spare top to change into if you get sweaty or damp
- Warm thermal layer top (synthetic or merino wool)
- Warm down or synthetic insulated jacket ('puffy')
- Windproof, softshell jacket
- Outer shell jacket (GoreTex preferred, or waterproof, breathable equivalent)
- Wind/waterproof pants (GoreTex and full side-zip preferred)
- Gaiters (if pants don't have built-in snow cuff)
- 2-3 x Ski socks (wool, fleece, or synthetic)
- Spare socks
- Light gloves for the up-track
- Warm ski gloves or mitts
- Balaclava, buff, and/or warm toque
- Sunhat with neck and ear protection
- Hut booties or slippers
- **Optional:** Evening clothing (it's nice to have at least a spare shirt and socks for the evenings)

Personal Gear

- Pen to sign waiver (blue or black ink only)
- A large daypack or small multi-day pack (35-55L is usually the standard)
- Sleeping bag (5°C to -10°C, depending on your comfort level)
- Headlamp with spare batteries and blub
- Sunglasses (close-fitting with dark lenses)
- Sunscreen and SPF lip protection
- Small personal first aid kit with blister kit
- Toilet paper and hand sanitizer
- Small food storage container for daily lunch
- Minimum 1L wide-mouth, plastic water bottle (NO hydration systems as the hose tends to freeze on cold days)

- Lighter
- Optional Face Mask

Ski Gear

- Avalanche transceiver/beacon (digital 3-antenna beacon that has been serviced within the last 5 years by the manufacturer). It is highly recommended that the beacon has a marking/suppression function.
- Avalanche probe (standard is at least 3m)
- Collapsible, metal avalanche shovel
- Alpine touring skis (at least 95mm ski waist recommended) **or** telemark skis **or** split board
- Skins (properly fitted to skis, full-width, and well glued)
- Skin wax (glopp stopper or a plain tea candle)
- Ski boots (previously worn and proven comfortable)
- Adjustable ski poles
- Ski strap x2 (at least)
- Ski crampons
- Ski helmet
- Ski goggles (orange lenses highly recommended)
- Repair kit: extra parts and tools that are specific to your gear

Optional Gear

- Small journal and pencil
- Camera, memory card, and spare battery
- Compass and map (GPS or cell phone with navigation app downloaded and external power source)
- Ear plugs
- Small personal amount of liquor or treats if desired
- Hand warmers
- Pocket knife

Where to Rent Gear

Most cities have local gear rental stores, but here are a few local shops to check out. We recommend calling ahead at least a few days to book gear, so they're not sold out.

Gear Up!	Wilson Sports	U of Calgary
www.gearupsport.com 1302 Bow Valley Trail Canmore, AB 403-678-1636 *ACC members get a 10% discount!	www.wmsll.com Building A – Samson Mall 201 Village Road Lake Louise, AB 888-547-2559 info@wmsll.com	https://activelivingportal.ucalgary.ca/Rental University of Calgary 2500 University Drive NW Calgary Alberta T2N 1N4

--	--	--